

## British Masters Indoor Championships 2023 - - Sheffield 18-19 Feb 2023

Address: English Institute of Sport, Sheffield

Date of event: 2023-02-18

Organiser: BMAF Services Limited

Contact Name: Peter Kennedy, Competition Secretary

Contact Email: [compsec@bmaf.org.uk](mailto:compsec@bmaf.org.uk)

Competition Type: INDOOR

### Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

## F01 TJ W55up - 2023-02-18

### W60

Position	Name	Age	Team	Performance
1	Melanie Garland	W60	Welsh Masters Athletics Limited	8.75
2	Janice Pryce	W60	Midland Masters AC	8.50
3	Lesley Willis	W60	Midland Masters AC	7.39

### W65

Position	Name	Age	Team	Performance
1	Lucy Moore-Fox	W65	XXIRL	6.26

### W75

Position	Name	Age	Team	Performance
1	Daphne Marler	W75	Welsh Masters Athletics Limited	4.04

### W80

Position	Name	Age	Team	Performance
1	Iris Holder	W80	Welsh Masters Athletics Limited	5.51

## F02 TJ M65up - 2023-02-18

### M65

Position	Name	Age	Team	Performance
1	Clem Leon	M65	Southern Counties Veterans AC	9.64
2	Albert Earle	M65	Midland Masters AC	9.52
3	Don Cumming	M65	Northern Masters AC	8.08
4	Lubomir Schon	M65	Notts AC	7.09

### M70

Position	Name	Age	Team	Performance
1	John Spriggs	M70	Eastern Masters AC	7.59
2	Patrick Reynolds	M70	XXIRL	5.50

### M80

Position	Name	Age	Team	Performance
----------	------	-----	------	-------------

1	Allan Long	M80	Veterans AC	8.15
2	Anthony Treacher	M80	South West Veterans AC	6.51
3	Phil Rees	M80	Welsh Masters Athletics Limited	5.23

## F03 SP M50-60 - 2023-02-18

### M50

Position	Name	Age	Team	Performance
1	John Twiddle	M50	Northern Masters AC	13.75
2	Greg Pell	M50	Northern Masters AC	13.12
3	Darran Askew	M50	Northern Masters AC	12.03
4	Laurence Ramm	M50	Eastern Masters AC	11.66
5	Damon Cripps	M50	Northern Masters AC	10.21
6	Martin Willis	M50	Veterans AC	9.00

### M55

Position	Name	Age	Team	Performance
1	John Nicholls	M55	Northern Masters AC	13.09
2	Tony Balko	M55	Northern Masters AC	10.15
3	Thomas McGrane	M55	XXIRL	8.97
4	Mike Futtit	M55	Southern Counties Veterans AC	7.42

### M60

Position	Name	Age	Team	Performance
1	Allan Leiper	M60	Southern Counties Veterans AC	14.06
2	Michael Hausler	M60	Eastern Masters AC	13.75
3	Peter Wishart	M60	Eastern Masters AC	9.84
4	Jim Gillespie	M60	XXIRL	9.32

## T01 60mH W70,M80-85 - 2023-02-18

### M80

Position	Name	Age	Team	Performance
1	Ron Davies	M80	Southern Counties Veterans AC	14.37

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	13.28

## T02 60mh W60-65 - 2023-02-18

### W60

Position	Name	Age	Team	Performance
----------	------	-----	------	-------------

1	Susan Frisby	W60	Midland Masters AC	10.32
2	Gaye Clarke	W60	Eastern Masters AC	12.83

### W65

Position	Name	Age	Team	Performance
1	Nicky Buckwell	W65	Welsh Masters Athletics Limited	13.40
2	Jeanette Ashton	W65	Southern Counties Veterans AC	13.99

## T03 60mH W50-55, M70-75 - 2023-02-18

### M70

Position	Name	Age	Team	Performance
1	Tony Wells	M70	Eastern Masters AC	11.26
2	Gerald Daniel	M70	Eastern Masters AC	11.77
3	Rashpal Singh	M70	Midland Masters AC	13.89

### W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	9.71
2	Amanda Broadhurst	W50	Welsh Masters Athletics Limited	10.83

### W55

Position	Name	Age	Team	Performance
1	Louise Kirby	W55	Welsh Masters Athletics Limited	13.88

## T04 60mH W40 - 2023-02-18

### W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	9.39
2	Sally Gilding	W40	Eastern Masters AC	10.98

## T05 60mH M60-65 - 2023-02-18

### M60

Position	Name	Age	Team	Performance
1	Neil Tunstall	M60	South West Veterans AC	9.53
2	Des Wilkinson	M60	Eastern Masters AC	9.57
3	Ian Wells	M60	Great Yarmouth & District AC	10.15
4	Glen Reddington	M60	Veterans AC	10.59
5	Paul Yeoman	M60	Welsh Masters Athletics Limited	12.85
6	Iain Moody	M60	Midland Masters AC	15.72

### M65

Position	Name	Age	Team	Performance
1	Tennyson James	M65	Eastern Masters AC	10.78

## F04 PV M50dn - 2023-02-18

### M35

Position	Name	Age	Team	Performance
1	Bilen Ahmet	M35	Veterans AC	3.60
2	Simon Gower	M35	Midland Masters AC	3.40

### M40

Position	Name	Age	Team	Performance
1	Oliver Pool	M40	Truro Running Club	2.40

### M45

Position	Name	Age	Team	Performance
1	Grant Stirling	M45	Southern Counties Veterans AC	2.80

### M50

Position	Name	Age	Team	Performance
1	Dean Robinson	M50	Halesowen ACC	3.20
2	Derek Hateley	M50	Midland Masters AC	3.00

## T06 60mH W35 - 2023-02-18

### W35

Position	Name	Age	Team	Performance
1	Nia Rutter	W35	Northern Masters AC	9.96
2	Deborah Dasse	W35	Northern Masters AC	10.26
3	Rhiannon Jenkins	W35	Parc Bryn Bach RC	12.28
4	Stef Bazykiewicz	W35	Southern Counties Veterans AC	13.09

## T07 60mH M50-55 - 2023-02-18

### M50

Position	Name	Age	Team	Performance
1	Gary Smith	M50	Eastern Masters AC	8.57
2	Laurence Ramm	M50	Eastern Masters AC	8.82
3	Stephen Bass	M50	Eastern Masters AC	10.08
4	Kelly Fairclough	M50	Midland Masters AC	11.33
5	Ian Firla	M50	Southern Counties Veterans AC	11.79
6	Martin Willis	M50	Veterans AC	13.49

### M55

Position	Name	Age	Team	Performance
1	Barrie Marsden	M55	Southern Counties Veterans AC	9.26
2	Mike Futtit	M55	Southern Counties Veterans AC	13.90

## T09 60mH M35-45 - 2023-02-18

### M35

Position	Name	Age	Team	Performance
1	Stefan Wilcockson	M35	Midland Masters AC	8.93
2	Dave Awde	M35	Southern Counties Veterans AC	9.12

### M40

Position	Name	Age	Team	Performance
1	Clint Nicholls	M40	Eastern Masters AC	9.29
2	Jonathan Rutter	M40	Northern Masters AC	11.23

### M45

Position	Name	Age	Team	Performance
1	Peter Davey	M45	Southern Counties Veterans AC	9.79

## T10 200m M65 - 2023-02-18

### M65

Position	Name	Age	Team	Performance
1	Tennyson James	M65	Eastern Masters AC	27.37
2	Ian Broadhurst	M65	Welsh Masters Athletics Limited	27.39
3	Phil Clayton	M65	Midland Masters AC	29.54
4	Ivars Licietis	M65	Midland Masters AC	29.66
5	Clem Leon	M65	Southern Counties Veterans AC	29.80
6	Rod Davies	M65	Welsh Masters Athletics Limited	30.36
7	Robert Woolliams	M65	Eastern Masters AC	30.43
8	David Edelman	M65	Giffnock North AC	31.27
9	Paul Trickett	M65	Northern Masters AC	32.38

## T11 200m M60 - 2023-02-18

### M60

Position	Name	Age	Team	Performance
1	Michael Vassiliou	M60	Veterans AC	26.17
2	Neil Tunstall	M60	South West Veterans AC	27.08
3	Peter Ilo	M60	Midland Masters AC	27.15
4	John Statham	M60	Charnwood A C	27.20

5	Andrew Waddington	M60	Southern Counties Veterans AC	28.55
6	Glen Reddington	M60	Veterans AC	29.93
7	Ian Ratcliffe	M60	Macclesfield Harriers & AC	30.73
8	Paul Yeoman	M60	Welsh Masters Athletics Limited	31.41

## T12 200m M55 - 2023-02-18

### M55

Position	Name	Age	Team	Performance
1	Boguslaw Zelechowski	M55	XXPOL	24.66
2	Paul Canning	M55	Eastern Masters AC	24.86
3	Russell Whiting	M55	Welsh Masters Athletics Limited	25.27
4	Anthony Burniston	M55	Northern Masters AC	25.29
5	Barrie Marsden	M55	Southern Counties Veterans AC	26.52
6	Ian Allen	M55	South West Veterans AC	26.76
7	Leeroy Golding	M55	Northern Masters AC	27.33
8	Richard Gayle	M55	Longwood Harriers AC	27.43
9	Rob MacDonald	M55	Northern Masters AC	28.16
10	Conrad Salthouse	M55	Eastern Masters AC	29.24
11	Mike Futtit	M55	Southern Counties Veterans AC	31.52

## F05 TJ M45dn - 2023-02-18

### M35

Position	Name	Age	Team	Performance
1	Antony Daffurn	M35	Scottish Veteran Harriers Club	14.34
2	Jack Poxon	M35	Midland Masters AC	11.71
3	Steven Callister	M35	Northern Masters AC	10.73
4	Bilen Ahmet	M35	Veterans AC	10.67

### M40

Position	Name	Age	Team	Performance
1	Tariq Sheikh	M40	Kingston AC And Poly Harriers	11.92
2	Jonathan Rutter	M40	Northern Masters AC	11.50
3	Paul Waddell	M40	Scottish Veteran Harriers Club	10.10

### M45

Position	Name	Age	Team	Performance
1	Grant Stirling	M45	Southern Counties Veterans AC	12.43

2	Peter Davey	M45	Southern Counties Veterans AC	9.99
3	Stephen Thorpe	M45	Northern Masters AC	9.63

## F06 TJ W50dn - 2023-02-18

### W35

Position	Name	Age	Team	Performance
1	Deborah Dasse	W35	Northern Masters AC	10.53
2	Nia Rutter	W35	Northern Masters AC	10.36

### W40

Position	Name	Age	Team	Performance
1	Tina Howell	W40	Veterans AC	9.65

### W45

Position	Name	Age	Team	Performance
1	Clare Gratrix	W45	Welsh Masters Athletics Limited	8.04

### W50

Position	Name	Age	Team	Performance
1	Amanda Broadhurst	W50	Welsh Masters Athletics Limited	8.97

## T13 200m W45 - 2023-02-18

### W45

Position	Name	Age	Team	Performance
1	Karen Burles	W45	Southern Counties Veterans AC	26.63
2	Linzie Marsh	W45	Scottish Veteran Harriers Club	28.63
3	Michelle Dubois	W45	Corby AC	31.04
4	Laura Purdy	W45	Northern Masters AC	33.00

## T14 200m M45 - 2023-02-18

### M45

Position	Name	Age	Team	Performance
1	Dominic Bradley	M45	Midland Masters AC	22.89
2	Adam Bellis	M45	Trafford AC	23.82
3	Ciaran Harvey	M45	Southern Counties Veterans AC	24.43
4	John Tindal	M45	Pitreavie AAC	25.26
5	Anibal Rodriguez Fuentes	M45	Veterans AC	26.38
6	Stephen Thorpe	M45	Northern Masters AC	26.71
7	Martin D'Mellow	M45	Aldershot Farnham & District	31.03

## T15 200m M40 - 2023-02-18

### M40

Position	Name	Age	Team	Performance
1	Andrew Spour	M40	Eastern Masters AC	23.28
2	Peter Hall	M40	Midland Masters AC	23.71
3	Oliver Pool	M40	Truro Running Club	24.46
4	Thomas Grantham	M40	Northern Masters AC	24.50
5	Ashley Reid	M40	Veterans AC	24.88
6	Craig Christian	M40	Midland Masters AC	25.02
7	Jonathan Rutter	M40	Northern Masters AC	25.67
8	John Bowden	M40	Midland Masters AC	25.88
9	Amir Nanpazi	M40	Northern Masters AC	28.04

## T16 200m W70up - 2023-02-18

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	35.64
2	Judith Kelsall	W70	Midland Masters AC	39.45

### W80

Position	Name	Age	Team	Performance
1	Kathleen Stewart	W80	North East Masters AA	42.44

### W85

Position	Name	Age	Team	Performance
1	Dorothy Fraser	W85	Welsh Masters Athletics Limited	1:01.37

## T17 200m M75up - 2023-02-18

### M75

Position	Name	Age	Team	Performance
1	Victor Novell	M75	Southern Counties Veterans AC	31.22
2	James Smith	M75	Scottish Veteran Harriers Club	32.65
3	Mel James	M75	Welsh Masters Athletics Limited	35.46
4	John Whelan	M75	Northern Masters AC	38.83
5	David Shelton	M75	Northern Masters AC	39.19
6	John Exley	M75	Oxford City AC	39.56

### M80

Position	Name	Age	Team	Performance
1	Allan Long	M80	Veterans AC	31.97



2	Anthony Treacher	M80	South West Veterans AC	35.82
3	Ron Davies	M80	Southern Counties Veterans AC	35.86
4	Con O Donovan	M80	XXIRL	36.10
5	David Cowgill	M80	Northern Masters AC	55.61

## T18 200m M70 - 2023-02-18

### M70

Position	Name	Age	Team	Performance
1	Simon Barrett	M70	Southern Counties Veterans AC	28.24
2	David Hinds	M70	Veterans AC	29.88
3	John McGarry	M70	Scottish Veteran Harriers Club	30.36
4	David Walker	M70	Northern Masters AC	30.90
5	Chris Palmer	M70	Eastern Masters AC	31.88
6	Tony Wells	M70	Eastern Masters AC	33.73
7	Geoffrey Beattie	M70	Northern Masters AC	37.98

## T19 200m W60-65 - 2023-02-18

### W60

Position	Name	Age	Team	Performance
1	Kirstin King	W60	Southern Counties Veterans AC	29.17
2	Edel Maguire	W60	Ireland	29.70
3	Melanie Garland	W60	Welsh Masters Athletics Limited	32.06
4	Angela Bryant	W60	Forest of Dean AC	32.91
5	Janice Nottingham	W60	Eastern Masters AC	33.14
6	Angela Kelly	W60	North East Masters AA	34.63
7	Denise Timmis	W60	Eastern Masters AC	34.97
8	Katherine Winrow	W60	Northern Masters AC	35.55
9	Gaye Clarke	W60	Eastern Masters AC	35.80

### W65

Position	Name	Age	Team	Performance
1	Nicky Buckwell	W65	Welsh Masters Athletics Limited	34.90

## F08 SP M35-45 - 2023-02-18

### M35

Position	Name	Age	Team	Performance
1	Chris Mee	M35	Midland Masters AC	10.97
2	Bilen Ahmet	M35	Veterans AC	9.75
3	Steven Callister	M35	Northern Masters AC	8.62

### M40

Position	Name	Age	Team	Performance
1	Thomas Grantham	M40	Northern Masters AC	10.57
2	Shaun Wall	M40	Southern Counties Veterans AC	10.54
3	Clint Nicholls	M40	Eastern Masters AC	9.48

### M45

Position	Name	Age	Team	Performance
1	Stephen Mccauley	M45	South West Veterans AC	14.10
2	Ray Mckenna	M45	Rugby & Northampton AC	10.74
3	Mark Atkin	M45	Northern Masters AC	10.14

## T20 200m W55 - 2023-02-18

### W55

Position	Name	Age	Team	Performance
1	Juliet Sidney	W55	Welsh Masters Athletics Limited	28.99
2	Fiona Steele	W55	Scottish Veteran Harriers Club	29.63
3	Ann Virgo	W55	Midland Masters AC	31.16
4	Louise Kirby	W55	Welsh Masters Athletics Limited	31.78
5	Debra Casson	W55	Northern Masters AC	32.17

## F09 TJ M50-60 - 2023-02-18

### M50

Position	Name	Age	Team	Performance
1	Darren Thomas	M50	South West Veterans AC	11.89
2	Gordon Britton	M50	Maidenhead AC	10.75
3	Derek Hateley	M50	Midland Masters AC	9.29

### M55

Position	Name	Age	Team	Performance
1	Paul Canning	M55	Eastern Masters AC	9.94
2	Trevor Crysell	M55	Southern Counties Veterans AC	8.93
3	Mike Futtit	M55	Southern Counties Veterans AC	7.05

### M60

Position	Name	Age	Team	Performance
1	Julien Gittens	M60	Northern Masters AC	10.95
2	John Barratt	M60	Northern Masters AC	9.92

3	Dion Panambalana	M60	Southern Counties Veterans AC	8.18
---	------------------	-----	-------------------------------	------

## T21 200m W50 - 2023-02-18

### W50

Position	Name	Age	Team	Performance
1	Michelle Thomas	W50	Welsh Masters Athletics Limited	27.86
2	Anita Saunders	W50	Northern Masters AC	29.13
3	Kathryn Miles	W50	Southern Counties Veterans AC	29.91
4	Wendy Andrews	W50	Northern Masters AC	30.47
5	Fiona Palmer	W50	Midland Masters AC	30.56
6	Amanda Broadhurst	W50	Welsh Masters Athletics Limited	32.04
7	Kelly Roberts	W50	Southern Counties Veterans AC	32.58

## T22 200m M50 - 2023-02-18

### M50

Position	Name	Age	Team	Performance
1	Mike Coogan	M50	Northern Masters AC	23.60
2	Darren Scott	M50	Southern Counties Veterans AC	23.78
3	Mick Wall	M50	Northern Masters AC	24.82
4	Martin White	M50	Midland Masters AC	25.35
5	Craig Beecham	M50	Southern Counties Veterans AC	26.03
6	Kelly Fairclough	M50	Midland Masters AC	26.38
7	Stephen Terry-Short	M50	Midland Masters AC	26.71
8	James Morgan	M50	Welsh Masters Athletics Limited	27.26
9	Martin Willis	M50	Veterans AC	29.71

## T23 200m W40 - 2023-02-18

### W40

Position	Name	Age	Team	Performance
1	Claire Spurway	W40	Southern Counties Veterans AC	27.26
2	Naana Adusei	W40	Northern Masters AC	27.93
3	Eleri Jones	W40	Newport Harriers	28.76
4	Joanne Rowicki	W40	Northern Masters AC	28.99
5	Cheryl Devonish	W40	Midland Masters AC	31.35

## T24 200m W35 - 2023-02-18

### W35

Position	Name	Age	Team	Performance
1	Emma Wiltshire	W35	Rugby & Northampton AC	26.33
2	Amanda Potter	W35	Northern Masters AC	26.46
3	Krystle Balogun	W35	Southern Counties Veterans AC	26.49
4	Nia Rutter	W35	Northern Masters AC	28.73
5	Donna Aplin	W35	Midland Masters AC	29.93
6	Rhiannon Jenkins	W35	Parc Bryn Bach RC	31.44
7	Stef Bazytkiewicz	W35	Southern Counties Veterans AC	36.07

## T25 200m M35 - 2023-02-18

### M35

Position	Name	Age	Team	Performance
1	Michael Dickens	M35	Welsh Masters Athletics Limited	23.38
2	Dave Awde	M35	Southern Counties Veterans AC	23.78
3	Ian Horlock	M35	Woking AC	23.81
4	Asha Osei	M35	London Heathside	23.86
5	Stefan Wilcockson	M35	Midland Masters AC	24.36
6	Steven Callister	M35	Northern Masters AC	24.36
7	Mike Atkin	M35	Northern Masters AC	27.55

## T26 3000m WALK M70up MWAll - 2023-02-18

### M70

Position	Name	Age	Team	Performance
1	Peter Boszko	M70	Midland Masters AC	17:43.86
2	Richard Emsley	M70	Midland Masters AC	18:31.48

### M80

Position	Name	Age	Team	Performance
1	Ron Stewart	M80	North East Masters AA	27:58.23

### W45

Position	Name	Age	Team	Performance
1	Carolyn Derbyshire	W45	Midland Masters AC	17:28.08
2	Penelope Cummings	W45	Veterans AC	18:50.77

### W50

Position	Name	Age	Team	Performance
1	Grazia Manzotti	W50	Southern Counties Veterans AC	17:19.39
2	Wendy Kane	W50	Midland Masters AC	18:05.77

### W55

Position	Name	Age	Team	Performance
1	Michele O'Neill-Hall	W55	North East Masters AA	21:25.05
2	Emma Dawson	W55	Scottish Veteran Harriers Club	24:10.41

## F11 PV M55-65 - 2023-02-18

### M55

Position	Name	Age	Team	Performance
1	Alan Easey	M55	Veterans AC	2.42
2	Trevor Crysell	M55	Southern Counties Veterans AC	1.72

### M60

Position	Name	Age	Team	Performance
1	Ron Todd	M60	Scottish Veteran Harriers Club	2.92
2	Allan Leiper	M60	Southern Counties Veterans AC	2.92
3	Colin Hayton	M60	Northern Masters AC	2.82
4	Paul Yeoman	M60	Welsh Masters Athletics Limited	2.42

### M65

Position	Name	Age	Team	Performance
1	Ken Moncrieff	M65	Falkirk Victoria Harriers	2.32

## T26A 3000m WALK M35-65 - 2023-02-18

### M40

Position	Name	Age	Team	Performance
1	Matthew Fawson	M40	Northern Masters AC	20:35.23

### M45

Position	Name	Age	Team	Performance
1	Matthew Ellerton	M45	Southern Counties Veterans AC	20:36.21

### M55

Position	Name	Age	Team	Performance
1	David Annetts	M55	Veterans AC	14:14.79
2	Glen Keegan	M55	Veterans AC	22:52.18

### M60

Position	Name	Age	Team	Performance
1	Mark Ashby	M60	Southern Counties Veterans AC	18:05.04
2	Colin Harle	M60	Eastern Masters AC	18:24.49
3	Hardeep Minhas	M60	Midland Masters AC	19:31.05

## M65

Position	Name	Age	Team	Performance
1	Ian Torode	M65	South West Veterans AC	19:23.49
2	David Kissane	M65	XXIRL	20:17.96

## F12 LJ W55, W70up - 2023-02-18

### W55

Position	Name	Age	Team	Performance
1	Louise Kirby	W55	Welsh Masters Athletics Limited	3.57
2	Jane Tench	W55	Midland Masters AC	3.53
3	Emma Dawson	W55	Scottish Veteran Harriers Club	2.52

### W70

Position	Name	Age	Team	Performance
1	Emily McMahon	W70	Eastern Masters AC	2.97
2	Judith Kelsall	W70	Midland Masters AC	2.83

### W75

Position	Name	Age	Team	Performance
1	Daphne Marler	W75	Welsh Masters Athletics Limited	1.57

### W80

Position	Name	Age	Team	Performance
1	Iris Holder	W80	Welsh Masters Athletics Limited	2.30

## T27 800m M60 - 2023-02-18

### M60

Position	Name	Age	Team	Performance
1	Jed Turner	M60	Northern Masters AC	2:19.85
2	Colin Ridley	M60	Eastern Masters AC	2:19.98
3	Russell Parkin	M60	Midland Masters AC	2:20.57
4	Robert Metcalf	M60	Southern Counties Veterans AC	2:23.73
5	Andy Gannaway	M60	Veterans AC	2:23.81
6	Colin Bates	M60	Southern Counties Veterans AC	2:24.50
7	Chris Ireland	M60	Northern Masters AC	2:24.62
8	Michael Cornyn	M60	XXIRL	2:26.74
9	Andrew Waddington	M60	Southern Counties Veterans AC	2:28.07
10	Kevin Pye	M60	Midland Masters AC	2:30.32
11	Philip York	M60	South West Veterans AC	2:39.02

12	Malcolm Down	M60	Midland Masters AC	2:42.35
13	Steven Doxey	M60	Northern Masters AC	2:44.14
14	Paul Lemmon	M60	Northern Masters AC	2:47.76

## F13 HJ M50dn - 2023-02-18

### M35

Position	Name	Age	Team	Performance
1	Andrew Neat	M35	Midland Masters AC	1.60
2	Bilen Ahmet	M35	Veterans AC	1.40

### M40

Position	Name	Age	Team	Performance
1	Martin Lloyd	M40	Southern Counties Veterans AC	1.98
2	Clint Nicholls	M40	Eastern Masters AC	1.75
3	Andrew Cresswell	M40	Worcester AC	1.65
4	Jonathan Rutter	M40	Northern Masters AC	1.55
5	Michael Darlington	M40	Wolverhampton & Bilston	1.50
6	Craig Christian	M40	Midland Masters AC	1.45

### M45

Position	Name	Age	Team	Performance
1	Mark Atkin	M45	Northern Masters AC	1.55
2	Peter Davey	M45	Southern Counties Veterans AC	1.50

### M50

Position	Name	Age	Team	Performance
1	Andrew England	M50	Northern Masters AC	1.55
2	Ian Firla	M50	Southern Counties Veterans AC	1.25

## T28 800m M55 - 2023-02-18

### M55

Position	Name	Age	Team	Performance
1	Adrian Haines	M55	Southern Counties Veterans AC	2:12.20
2	Robert McHarg	M55	Scottish Veteran Harriers Club	2:12.24
3	Steve Atkinson	M55	Veterans AC	2:12.26
4	Graeme Gemmell	M55	Scottish Veteran Harriers Club	2:16.21
5	Craig Johnston	M55	Scottish Veteran Harriers Club	2:17.12
6	Colin Williams	M55	Welsh Masters Athletics Limited	2:21.17

7	David Watson	M55	Scottish Veteran Harriers Club	2:28.64
8	Brett Davis	M55	Welsh Masters Athletics Limited	2:29.00
9	Phil Grabsky	M55	Southern Counties Veterans AC	2:29.35
10	Conrad Watson	M55	Mansfield Harriers	2:30.90

## F14 LJ M65up - 2023-02-18

### M65

Position	Name	Age	Team	Performance
1	Trevor Wade	M65	Southern Counties Veterans AC	4.31
2	Clem Leon	M65	Southern Counties Veterans AC	4.27
3	Rod Davies	M65	Welsh Masters Athletics Limited	3.93
4	Chris Carden	M65	Midland Masters AC	3.58
5	Lubomir Schon	M65	Notts AC	3.33

### M70

Position	Name	Age	Team	Performance
1	Rashpal Singh	M70	Midland Masters AC	4.18
2	John Spriggs	M70	Eastern Masters AC	3.63
3	Gerald Daniel	M70	Eastern Masters AC	3.51
4	Patrick Reynolds	M70	XXIRL	2.52

### M80

Position	Name	Age	Team	Performance
1	Anthony Treacher	M80	South West Veterans AC	3.28
2	Ron Davies	M80	Southern Counties Veterans AC	2.82
3	Phil Rees	M80	Welsh Masters Athletics Limited	1.92

## T29 800m W50,55 - 2023-02-18

### W50

Position	Name	Age	Team	Performance
1	Emma Hollinshead	W50	Midland Masters AC	2:45.08
2	Stephanie Robson	W50	Northern Masters AC	2:48.87
3	Steph Spencer	W50	Midland Masters AC	3:01.41

### W55

Position	Name	Age	Team	Performance
1	Kate Scott	W55	Steel City Striders RC	2:49.78

## T29A 800m W60up - 2023-02-18



## W60

Position	Name	Age	Team	Performance
1	Virginia Mitchell	W60	Veterans AC	2:32.81
2	Elke Hausler	W60	Eastern Masters AC	2:48.07
3	Karen Brooks	W60	Eastern Masters AC	2:48.80
4	Christine Anthony	W60	Eastern Masters AC	2:51.34

## W65

Position	Name	Age	Team	Performance
1	Alison Bourgeois	W65	Eastern Masters AC	2:51.80

## W70

Position	Name	Age	Team	Performance
1	Nancy Hitchmough	W70	Midland Masters AC	3:27.34

## W75

Position	Name	Age	Team	Performance
1	Angela Copson	W75	Midland Masters AC	3:21.32

## W80

Position	Name	Age	Team	Performance
1	Iris Hornsey	W80	Eastern Masters AC	4:32.25
2	Betty Stracey	W80	Eastern Masters AC	5:18.15

## T30 800m M70up - 2023-02-18

### M70

Position	Name	Age	Team	Performance
1	John Skelton	M70	Eastern Masters AC	2:40.27
2	David Oxland	M70	Midland Masters AC	2:42.68
3	Peter Kennedy	M70	Veterans AC	2:43.64
4	David Jones	M70	Midland Masters AC	3:02.52
5	Geoffrey Pearson	M70	Northern Masters AC	3:10.98
6	Geoffrey Beattie	M70	Northern Masters AC	3:24.42

### M75

Position	Name	Age	Team	Performance
1	John Exley	M75	Oxford City AC	3:17.26
2	Albert Eland	M75	Northern Masters AC	3:38.44
3	Neil Robson	M75	Northern Masters AC	3:56.31

### M80

Position	Name	Age	Team	Performance
1	Barrie Roberts	M80	Welsh Masters Athletics Limited	4:22.70

## T31 800m M65 - 2023-02-18

## M65

Position	Name	Age	Team	Performance
1	Peter Mountain	M65	South West Veterans AC	2:41.59
2	Dave Watson	M65	Welsh Masters Athletics Limited	2:43.49
3	Ray Thomson	M65	Northern Masters AC	2:46.79
4	Kevin Lowe	M65	Southern Counties Veterans AC	2:46.84
5	Malcolm Thirlaway	M65	North East Masters AA	2:59.44
6	Alan Newman	M65	Southern Counties Veterans AC	3:17.01

## T32 800m W35,45 - 2023-02-18

### W35

Position	Name	Age	Team	Performance
1	Laura Haggarty	W35	Scottish Veteran Harriers Club	2:22.65
2	Nia Rutter	W35	Northern Masters AC	2:53.52
3	Jennifer Temple	W35	Southern Counties Veterans AC	3:03.47
4	Stef Bazykiewicz	W35	Southern Counties Veterans AC	3:59.12

### W45

Position	Name	Age	Team	Performance
1	Nikki Sturzaker	W45	Veterans AC	2:32.34
2	Vici Browning	W45	Midland Masters AC	2:39.17

## T33 800m W40 - 2023-02-18

### W40

Position	Name	Age	Team	Performance
1	Zoe Doyle	W40	Veterans AC	2:20.69
2	Maria Shaw	W40	Midland Masters AC	2:24.01
3	Fiona Maddocks	W40	Southern Counties Veterans AC	2:29.37
4	Jennifer Beattie	W40	Scottish Veteran Harriers Club	2:31.99

## F15 LJ M35-40 - 2023-02-18

### M35

Position	Name	Age	Team	Performance
1	Antony Daffurn	M35	Scottish Veteran Harriers Club	6.72
2	Jack Poxon	M35	Midland Masters AC	5.71
3	Harinder Singh	M35	Veterans AC	5.61
4	Roy Chambers	M35	Eastern Masters AC	5.46

5	Steven Callister	M35	Northern Masters AC	4.68
---	------------------	-----	---------------------	------

### M40

Position	Name	Age	Team	Performance
1	Clint Nicholls	M40	Eastern Masters AC	5.50
2	Ashley Reid	M40	Veterans AC	5.38
3	Tariq Sheikh	M40	Kingston AC And Poly Harriers	5.35
4	Jonathan Rutter	M40	Northern Masters AC	5.25
5	Craig Christian	M40	Midland Masters AC	5.12
6	Michael Darlington	M40	Wolverhampton & Bilston	4.98

## T34 800m M35 - 2023-02-18

### M35

Position	Name	Age	Team	Performance
1	Paul Wright	M35	Midland Masters AC	1:58.68
2	Oliver Williams	M35	Welsh Masters Athletics Limited	2:00.03
3	Jonathan Hiorns	M35	Veterans AC	2:01.25
4	Chris Lamb	M35	Midland Masters AC	2:04.48
5	Paul Bradley	M35	Halesowen ACC	2:07.07
6	Daniel Ullah	M35	Midland Masters AC	2:08.06
7	Peter Grimoldby	M35	Gateshead Harriers & AC	2:15.31
8	Craig Bridges	M35	South West Veterans AC	2:15.62
9	Scott Brewer	M35	Veterans AC	2:28.23

## T35 800m M40 - 2023-02-18

### M40

Position	Name	Age	Team	Performance
1	Keith Hutchinson	M40	North East Masters AA	2:02.06
2	Stephen Brown	M40	Scottish Veteran Harriers Club	2:03.64
3	Dan Acheson	M40	Southern Counties Veterans AC	2:06.75
4	Sean Reidy	M40	Eastern Masters AC	2:09.90
5	David Willett	M40	Southern Counties Veterans AC	2:10.91
6	Peter Watkeys	M40	Basingstoke & Mid Hants AC	2:13.28
7	Gurmit Singh	M40	Midland Masters AC	2:14.31
8	Amir Nanpazi	M40	Northern Masters AC	2:24.31

## T36 800m M50 - 2023-02-18

### M50

Position	Name	Age	Team	Performance
1	Anthony O'Brien	M50	Northern Masters AC	2:08.66
2	Marc Turner	M50	Midland Masters AC	2:09.43
3	Brent Brodie	M50	Scottish Veteran Harriers Club	2:14.14
4	Neil Pendlebury	M50	Northern Masters AC	2:15.20
5	Will Pitt	M50	Veterans AC	2:16.23
6	Nick Hitchings	M50	Midland Masters AC	2:23.63
7	Christopher John Payne	M50	Northern Masters AC	2:36.38

## F16 LJ W35, W45 - 2023-02-18

### W35

Position	Name	Age	Team	Performance
1	Nia Rutter	W35	Northern Masters AC	4.54
2	Amy Pinkney	W35	Worcester AC	4.37
3	Rhiannon Jenkins	W35	Parc Bryn Bach RC	3.94
4	Stef Bazylkiewicz	W35	Southern Counties Veterans AC	3.64

### W45

Position	Name	Age	Team	Performance
1	Christine Sciberras	W45	XXMLT	4.47
2	Nikki Sturzaker	W45	Veterans AC	3.54

## T37 800m M45 - 2023-02-18

### M45

Position	Name	Age	Team	Performance
1	Paul Harmer	M45	Midland Masters AC	2:06.99
2	David Locker	M45	Midland Masters AC	2:07.08
3	Richard Scott	M45	South West Veterans AC	2:07.38
4	Greg Asbury	M45	Wolverhampton & Bilston	2:11.29
5	Simon Oak	M45	Northern Masters AC	2:12.84
6	Simon Ellis	M45	Northern Masters AC	2:17.23
7	Andrew Cotterill	M45	Midland Masters AC	2:19.48

## F17 SP W50-55 - 2023-02-19

### W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	13.05
2	Sarah Mcgrath	W50	Eastern Masters AC	9.93
3	Amanda Broadhurst	W50	Welsh Masters Athletics Limited	9.91
4	Sharon Hutchings	W50	Midland Masters AC	8.99

## W55

Position	Name	Age	Team	Performance
1	Emma Dawson	W55	Scottish Veteran Harriers Club	6.93
2	Jo Heseltine	W55	Northern Masters AC	6.35
3	Louise Kirby	W55	Welsh Masters Athletics Limited	5.44

## F18 LJ M55-60 - 2023-02-19

### M55

Position	Name	Age	Team	Performance
1	Boguslaw Zelechowski	M55	XXPOL	5.49
2	Ian Allen	M55	South West Veterans AC	5.11
3	Trevor Crysell	M55	Southern Counties Veterans AC	4.26

### M60

Position	Name	Age	Team	Performance
1	Andrew Waddington	M60	Southern Counties Veterans AC	4.65
2	Iain Moody	M60	Midland Masters AC	4.41
3	David Shaw	M60	Worcester AC	4.40
4	Richard Van Baaren	M60	City Of Norwich AC	4.36
5	Allan Leiper	M60	Southern Counties Veterans AC	3.90
6	Dion Panambalana	M60	Southern Counties Veterans AC	3.81
7	Paul Yeoman	M60	Welsh Masters Athletics Limited	3.57

## T38 60m M60 - 2023-02-19

## T39 60m M55 - 2023-02-19

## T40 60m M50 - 2023-02-19

### M50

Position	Name	Age	Team	Performance
1	Darren Scott	M50	Southern Counties Veterans AC	7.60
2	Mick Wall	M50	Northern Masters AC	7.77
3	Yinka Opaleye	M50	Eastern Masters AC	7.88
4	Martin White	M50	Midland Masters AC	7.91
5	Craig Beecham	M50	Southern Counties Veterans AC	8.15
6	Stephen Terry-Short	M50	Midland Masters AC	8.21
7	James Morgan	M50	Welsh Masters Athletics Limited	8.30

## F19 PV M70up-WAll - 2023-02-19

### M80

Position	Name	Age	Team	Performance
1	Mike Herring	M80	Midland Masters AC	1.40

### W35

Position	Name	Age	Team	Performance
1	Caroline Parkinson	W35	Wycombe Phoenix Harriers & AC	3.10

### W40

Position	Name	Age	Team	Performance
1	Gillian Cooke	W40	Scottish Veteran Harriers Club	2.80

### W45

Position	Name	Age	Team	Performance
1	Stacey Gonzalez Betancourt	W45	Veterans AC	2.80
2	Hayley Fox	W45	Lincoln Wellington AC	2.10

### W50

Position	Name	Age	Team	Performance
1	Irie Hill	W50	Midland Masters AC	2.80

### W55

Position	Name	Age	Team	Performance
1	Alison Murray	W55	Hercules Wimbledon AC	2.40

### W65

Position	Name	Age	Team	Performance
1	Sue Yeomans	W65	St Albans AC	2.30

## T41 60m M45 - 2023-02-19

## T42 60m M40 - 2023-02-19

## T43 60m M35 Final - 2023-02-19

### M35

Position	Name	Age	Team	Performance
1	Duayne Bovell	M35	Blackheath & Bromley Harriers AC	7.15
2	Byron Robinson	M35	Southern Counties Veterans AC	7.24
3	Michael Dickens	M35	Welsh Masters Athletics Limited	7.37
4	Harinder Singh	M35	Veterans AC	7.63

5	Roy Chambers	M35	Eastern Masters AC	7.74
6	Steven Callister	M35	Northern Masters AC	7.85
7	Michael Omakobia	M35	Southern Counties Veterans AC	7.94

## F21 SP W45dn - 2023-02-19

### W35

Position	Name	Age	Team	Performance
1	Nia Rutter	W35	Northern Masters AC	10.48
2	Natalie Mann	W35	Veterans AC	7.20
3	Stef Bazylikiewicz	W35	Southern Counties Veterans AC	5.95

### W40

Position	Name	Age	Team	Performance
1	Jemma Bate	W40	Northern Masters AC	10.04
2	Jodie Albrow	W40	Southern Counties Veterans AC	9.65
3	Kerrie Buckley	W40	Northern Masters AC	9.45
4	Gillian Cooke	W40	Scottish Veteran Harriers Club	9.44
5	Jennifer Howard	W40	Barton & District AC	9.17
6	Sally Gilding	W40	Eastern Masters AC	7.23

### W45

Position	Name	Age	Team	Performance
1	Tanya Coulson	W45	Midland Masters AC	8.46
2	Nicola Long	W45	Midland Masters AC	6.46

## T44 60m M80up - 2023-02-19

### M80

Position	Name	Age	Team	Performance
1	Allan Long	M80	Veterans AC	9.54
2	Barrie Hughes	M80	Northern Masters AC	10.04
3	Con O Donovan	M80	XXIRL	10.07
4	Anthony Treacher	M80	South West Veterans AC	10.30
5	Ron Davies	M80	Southern Counties Veterans AC	10.52

## T45 60m W70up - 2023-02-19

### W70

Position	Name	Age	Team	Performance
1	Georgina Smith	W70	Midland Masters AC	10.44
2	Emily McMahon	W70	Eastern Masters AC	10.60
3	Caroline Marler	W70	Northern Masters AC	10.60

### W75

Position	Name	Age	Team	Performance
1	Mary Parker	W75	Northern Masters AC	15.27
2	Daphne Marler	W75	Welsh Masters Athletics Limited	15.84

### W80

Position	Name	Age	Team	Performance
1	Iris Holder	W80	Welsh Masters Athletics Limited	12.14

### W85

Position	Name	Age	Team	Performance
1	Dorothy Fraser	W85	Welsh Masters Athletics Limited	14.65

## T46 60m M75 - 2023-02-19

### M75

Position	Name	Age	Team	Performance
1	Victor Novell	M75	Southern Counties Veterans AC	9.41
2	James Smith	M75	Scottish Veteran Harriers Club	9.59
3	Mel James	M75	Welsh Masters Athletics Limited	10.44

## T47 60m M70 - 2023-02-19

### M70

Position	Name	Age	Team	Performance
1	Simon Barrett	M70	Southern Counties Veterans AC	8.69
2	David Hinds	M70	Veterans AC	9.00
3	John McGarry	M70	Scottish Veteran Harriers Club	9.12
4	Graham White	M70	Northern Masters AC	9.33
5	Rashpal Singh	M70	Midland Masters AC	9.44
6	Chris Palmer	M70	Eastern Masters AC	9.76
7	Tony Wells	M70	Eastern Masters AC	9.78
8	Patrick Reynolds	M70	XXIRL	11.65

## T48 60m M65 - 2023-02-19

### M65

Position	Name	Age	Team	Performance
1	John Browne	M65	Eastern Masters AC	8.30
2	Cecil Moven	M65	Midland Masters AC	8.68
3	Ian Broadhurst	M65	Welsh Masters Athletics Limited	8.73



4	Phil Clayton	M65	Midland Masters AC	8.78
5	Clem Leon	M65	Southern Counties Veterans AC	9.10
6	Rod Davies	M65	Welsh Masters Athletics Limited	9.36
7	David Edelman	M65	Giffnock North AC	9.65
8	Chris Pruski	M65	Welsh Masters Athletics Limited	10.07

## T50 60m W60Heats, W65 Final - 2023-02-19

## F22 LJ M45-50 - 2023-02-19

### M45

Position	Name	Age	Team	Performance
1	Mark Atkin	M45	Northern Masters AC	5.36
2	Peter Davey	M45	Southern Counties Veterans AC	4.94
3	Stephen Thorpe	M45	Northern Masters AC	4.73
4	Richard Higson-Blythe	M45	Northern Masters AC	4.69

### M50

Position	Name	Age	Team	Performance
1	Craig Beecham	M50	Southern Counties Veterans AC	5.97
2	Emmanuel Ogunniyi	M50	Veterans AC	5.75
3	Mark Lawrence	M50	Midland Masters AC	5.62
4	Samuel Nash	M50	Southern Counties Veterans AC	5.43
5	Johnson Ogunniyi	M50	Southern Counties Veterans AC	5.11

## T51 60m W55 Final - 2023-02-19

### W55

Position	Name	Age	Team	Performance
1	Juliet Sidney	W55	Welsh Masters Athletics Limited	8.86
2	Fiona Steele	W55	Scottish Veteran Harriers Club	9.11
3	Ann Virgo	W55	Midland Masters AC	9.27
4	Michele Wakefield	W55	Southern Counties Veterans AC	9.50
5	Louise Kirby	W55	Welsh Masters Athletics Limited	9.51
6	Debra Casson	W55	Northern Masters AC	9.61

## T52 60m W50 Final - 2023-02-19

### W50

Position	Name	Age	Team	Performance
----------	------	-----	------	-------------

1	Michelle Thomas	W50	Welsh Masters Athletics Limited	8.40
2	Paula Williams	W50	Midland Masters AC	8.52
3	Kathryn Miles	W50	Southern Counties Veterans AC	8.65
4	Anita Saunders	W50	Northern Masters AC	8.69
5	Sharon Dooley	W50	St Mary's Richmond AC	9.45

## T53 60m W45 Final - 2023-02-19

### W45

Position	Name	Age	Team	Performance
1	Tracey Milward	W45	Northern Masters AC	8.41
2	Linzie Marsh	W45	Scottish Veteran Harriers Club	8.69
3	Christine Sciberras	W45	XXMLT	8.96
4	Laura Purdy	W45	Northern Masters AC	9.85

## T54 60m W40 Final - 2023-02-19

### W40

Position	Name	Age	Team	Performance
1	Chidinma Agwu	W40	Trafford Athletic Club	8.18
2	Hayley Richardson	W40	North East Masters AA	8.64
3	Joanne Rowicki	W40	Northern Masters AC	8.77

## T55 60m W35 - 2023-02-19

## F23 SP W60up - 2023-02-19

### W60

Position	Name	Age	Team	Performance
1	Claire Cameron	W60	Scottish Veteran Harriers Club	9.48
2	Jill Roginski	W60	Midland Masters AC	9.00
3	Julie Wilson	W60	Northern Masters AC	8.62
4	Hazel Barker	W60	Northern Masters AC	7.64

### W65

Position	Name	Age	Team	Performance
1	Lucy Moore-Fox	W65	XXIRL	7.82
2	Jeanette Ashton	W65	Southern Counties Veterans AC	7.17
3	Nicky Buckwell	W65	Welsh Masters Athletics Limited	6.37

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	7.97

## W75

Position	Name	Age	Team	Performance
1	Mary Parker	W75	Northern Masters AC	4.94

## T56 1500m M70up - 2023-02-19

### M70

Position	Name	Age	Team	Performance
1	John Skelton	M70	Eastern Masters AC	5:26.23
2	David Oxland	M70	Midland Masters AC	5:36.61
3	Peter Kennedy	M70	Veterans AC	5:38.48
4	David Jones	M70	Midland Masters AC	6:33.53

### M75

Position	Name	Age	Team	Performance
1	Malcolm Weir	M75	Midland Masters AC	5:38.55

### M80

Position	Name	Age	Team	Performance
1	Barrie Roberts	M80	Welsh Masters Athletics Limited	8:26.54

## T57 1500m M65 - 2023-02-19

### M65

Position	Name	Age	Team	Performance
1	Peter Mountain	M65	South West Veterans AC	5:27.61
2	Dave Watson	M65	Welsh Masters Athletics Limited	5:28.50
3	Desmond Gibbons	M65	Midland Masters AC	5:35.77
4	Alan Newman	M65	Southern Counties Veterans AC	6:29.43

## T58 1500m W50up - 2023-02-19

### W50

Position	Name	Age	Team	Performance
1	Stephanie Robson	W50	Northern Masters AC	5:36.78
2	Jane Halloran	W50	Northern Masters AC	5:38.23
3	Steph Spencer	W50	Midland Masters AC	6:03.62

### W55

Position	Name	Age	Team	Performance
1	Lisa Webb	W55	Veterans AC	5:34.43
2	Jane Pidgeon	W55	Midland Masters AC	6:01.17
3	Claire Ward	W55	Midland Masters AC	6:03.87

## W60

Position	Name	Age	Team	Performance
1	Elke Hausler	W60	Eastern Masters AC	5:44.22

## W65

Position	Name	Age	Team	Performance
1	Alison Bourgeois	W65	Eastern Masters AC	5:59.60

## W70

Position	Name	Age	Team	Performance
1	Nancy Hitchmough	W70	Midland Masters AC	6:51.67

## W80

Position	Name	Age	Team	Performance
1	Betty Tracey	W80	Eastern Masters AC	11:20.51

## F25 HJ M55-60, W60up - 2023-02-19

### M55

Position	Name	Age	Team	Performance
1	James Macgregor	M55	Scottish Veteran Harriers Club	1.55

### M60

Position	Name	Age	Team	Performance
1	Andrew Waddington	M60	Southern Counties Veterans AC	1.44
2	Paul Yeoman	M60	Welsh Masters Athletics Limited	1.25
3	Allan Leiper	M60	Southern Counties Veterans AC	1.20

### W60

Position	Name	Age	Team	Performance
1	Edel Maguire	W60	Ireland	1.38
2	Melanie Garland	W60	Welsh Masters Athletics Limited	1.25
3	Susan Richardson	W60	Northern Masters AC	1.15
4	Gaye Clarke	W60	Eastern Masters AC	1.15

### W65

Position	Name	Age	Team	Performance
1	Carole Filer	W65	Eastern Masters AC	1.20
2	Lucy Moore-Fox	W65	XXIRL	1.05

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	1.05

## T59 1500m M60 - 2023-02-19

### M60

Position	Name	Age	Team	Performance
1	Colin Ridley	M60	Eastern Masters AC	4:46.66
2	Russell Parkin	M60	Midland Masters AC	4:48.28
3	Robert Metcalf	M60	Southern Counties Veterans AC	4:49.46
4	Chris Ireland	M60	Northern Masters AC	4:54.38
5	Jed Turner	M60	Northern Masters AC	5:03.72
6	Andy Gannaway	M60	Veterans AC	5:13.29
7	Kevin Pye	M60	Midland Masters AC	5:14.21
8	Philip York	M60	South West Veterans AC	5:19.75
9	Steven Doxey	M60	Northern Masters AC	5:27.90
10	Paul Lemmon	M60	Northern Masters AC	5:34.63
11	Gordon Palmer	M60	Off that couch fitness	5:54.24

## T60 1500m M55 - 2023-02-19

### M55

Position	Name	Age	Team	Performance
1	Adrian Haines	M55	Southern Counties Veterans AC	4:37.86
2	Robert McHarg	M55	Scottish Veteran Harriers Club	4:38.24
3	Steve Atkinson	M55	Veterans AC	4:41.25
4	Colin Williams	M55	Welsh Masters Athletics Limited	4:53.63
5	Gary Graham	M55	Holmfirth Harriers AC	4:55.55
6	Phil Grabsky	M55	Southern Counties Veterans AC	5:03.93
7	Paul Flynn	M55	Welsh Masters Athletics Limited	5:11.97

## T61 1500m M50 - 2023-02-19

### M50

Position	Name	Age	Team	Performance
1	Anthony O'Brien	M50	Northern Masters AC	4:23.22
2	Marc Turner	M50	Midland Masters AC	4:31.13
3	Will Pitt	M50	Veterans AC	4:45.76
4	Neil Pendlebury	M50	Northern Masters AC	4:46.27
5	Steve Hallas	M50	Northern Masters AC	4:50.12
6	Nick Hitchings	M50	Midland Masters AC	4:56.32
7	Christopher John Payne	M50	Northern Masters AC	5:13.27
8	Phil Robinson	M50	Northern Masters AC	5:29.00

## T62 1500m W45dn - 2023-02-19

### W35

Position	Name	Age	Team	Performance
1	Laura Haggarty	W35	Scottish Veteran Harriers Club	4:59.92
2	Alexis Dodd	W35	North East Masters AA	5:03.36
3	Lydia Race	W35	Barnsley AC	5:16.46
4	Sara Ellen	W35	Midland Masters AC	5:27.37

### W45

Position	Name	Age	Team	Performance
1	Nikki Sturzaker	W45	Veterans AC	5:12.28

## T63 1500m M45 - 2023-02-19

### M45

Position	Name	Age	Team	Performance
1	Jamie Mcloughlin	M45	Veterans AC	4:26.43
2	Darren Preston	M45	Eastern Masters AC	4:28.70
3	Simon Fell	M45	Eastern Masters AC	4:32.50
4	Steven Gascoyne	M45	North Derbyshire RC	4:36.42

## T64 1500m M40 - 2023-02-19

### M40

Position	Name	Age	Team	Performance
1	Bruno Lima	M40	XXPRT	4:15.48
2	Gareth Price	M40	Kingston And Poly	4:16.07
3	Stephen Brown	M40	Scottish Veteran Harriers Club	4:21.70
4	Dan Acheson	M40	Southern Counties Veterans AC	4:24.10
5	Gurmit Singh	M40	Midland Masters AC	4:28.42
6	David Willett	M40	Southern Counties Veterans AC	4:29.40
7	Amir Nanpazi	M40	Northern Masters AC	4:57.32

## T65 1500m M35 - 2023-02-19

### M35

Position	Name	Age	Team	Performance
1	Mike Cummings	M35	Veterans AC	4:10.24
2	Paul Bradley	M35	Halesowen ACC	4:37.46
3	Daniel Ullah	M35	Midland Masters AC	4:37.83
4	Craig Bridges	M35	South West Veterans AC	4:43.22
5	Scott Brewer	M35	Veterans AC	5:20.49

## T66 60m M60 Final - 2023-02-19

## M60

Position	Name	Age	Team	Performance
1	Pat Logan	M60	Veterans AC	7.95
2	Michael Vassiliou	M60	Veterans AC	8.14
3	Mark Woods	M60	Southern Counties Veterans AC	8.14
4	John Statham	M60	Charnwood A C	8.16
5	Peter Ilo	M60	Midland Masters AC	8.41
6	David Shaw	M60	Worcester AC	8.70
7	Martin Weetman	M60	Cannock & Stafford AC	8.73
8	Iain Moody	M60	Midland Masters AC	9.63

## F26 LJ W60-65 - 2023-02-19

### W60

Position	Name	Age	Team	Performance
1	Melanie Garland	W60	Welsh Masters Athletics Limited	4.22
2	Denise Timmis	W60	Eastern Masters AC	3.56
3	Clare St John-Coleman	W60	Eastern Masters AC	3.49
4	Susan Richardson	W60	Northern Masters AC	3.46
5	Gaye Clarke	W60	Eastern Masters AC	3.43
6	Janice Pryce	W60	Midland Masters AC	3.39
7	Lesley Willis	W60	Midland Masters AC	3.28

### W65

Position	Name	Age	Team	Performance
1	Carole Filer	W65	Eastern Masters AC	4.01
2	Nicky Buckwell	W65	Welsh Masters Athletics Limited	3.22
3	Lucy Moore-Fox	W65	XXIRL	2.28

## T67 60m M55 Final - 2023-02-19

### M55

Position	Name	Age	Team	Performance
1	Boguslaw Zelechowski	M55	XXPOL	7.68
2	Paul Canning	M55	Eastern Masters AC	7.72
3	Anthony Burniston	M55	Northern Masters AC	7.90
4	Russell Whiting	M55	Welsh Masters Athletics Limited	7.95
5	Chris Taplin	M55	Veterans AC	8.14
6	Wole Odele	M55	Southern Counties Veterans AC	8.16

## T69 60m M45 Final - 2023-02-19

### M45

Position	Name	Age	Team	Performance
1	Dominic Bradley	M45	Midland Masters AC	7.19
2	Joshua Wood	M45	Harrow AC	7.49
3	Ciaran Harvey	M45	Southern Counties Veterans AC	7.55
4	Adie Monk	M45	Rugby & Northampton AC	7.82
5	Richard Higson-Blythe	M45	Northern Masters AC	7.99
6	Gavin Willmott	M45	Northern Ireland Masters Athletic Association	8.18
7	Alistair Crooks	M45	Midland Masters AC	9.98

## T70 60m M40 Final - 2023-02-19

### M40

Position	Name	Age	Team	Performance
1	Marvin Edwards	M40	North East Masters AA	7.28
2	Andrew Spour	M40	Eastern Masters AC	7.52
3	Oliver Pool	M40	Truro Running Club	7.59
4	Ben Reeves	M40	Midland Masters AC	7.72
5	Ashley Reid	M40	Veterans AC	7.77
6	John Bowden	M40	Midland Masters AC	7.88
7	Craig Christian	M40	Midland Masters AC	7.88
8	Paul Beeson	M40	Midland Masters AC	7.89

## F27 SP M70m M80up - 2023-02-19

### M70

Position	Name	Age	Team	Performance
1	Geoffrey Tyler	M70	Eastern Masters AC	11.77
2	Trevor Straker	M70	North East Masters AA	11.66
3	Kevin Bates	M70	Eastern Masters AC	9.89
4	Timothy Needham	M70	Eastern Masters AC	8.11
5	Patrick Reynolds	M70	XXIRL	7.63

### M80

Position	Name	Age	Team	Performance
1	Ron Davies	M80	Southern Counties Veterans AC	8.20
2	Phil Rees	M80	Welsh Masters Athletics Limited	6.62
3	Mike Herring	M80	Midland Masters AC	6.34

## T74 60m W60 Final - 2023-02-19

### W60

Position	Name	Age	Team	Performance
----------	------	-----	------	-------------



1	Kirstin King	W60	Southern Counties Veterans AC	8.62
2	Edel Maguire	W60	Ireland	9.10
3	Eni Font Freide	W60	Southern Counties Veterans AC	9.14
4	Jan Ellacott	W60	South West Veterans AC	9.23
5	Melanie Garland	W60	Welsh Masters Athletics Limited	9.39
6	Angela Bryant	W60	Forest of Dean AC	9.60
7	Angela Kelly	W60	North East Masters AA	9.78
8	Janice Nottingham	W60	Eastern Masters AC	9.82

## F28 HJ 35-55 - 2023-02-19

### W35

Position	Name	Age	Team	Performance
1	Deborah Dasse	W35	Northern Masters AC	1.53
2	Nia Rutter	W35	Northern Masters AC	1.45
3	Augusta Pop	W35	XXROU	1.35
4	Stef Bazykiewicz	W35	Southern Counties Veterans AC	1.10

### W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	1.45
2	Sally Gilding	W40	Eastern Masters AC	1.25

### W45

Position	Name	Age	Team	Performance
1	Clare Gratrix	W45	Welsh Masters Athletics Limited	1.30
2	Nikki Sturzaker	W45	Veterans AC	1.15

### W50

Position	Name	Age	Team	Performance
1	Irie Hill	W50	Midland Masters AC	1.35

### W55

Position	Name	Age	Team	Performance
1	Alison Murray	W55	Hercules Wimbledon AC	1.25

## T80 400m M70-M80 - 2023-02-19

### M70

Position	Name	Age	Team	Performance
1	Peter Mould	M70	Midland Masters AC	1:06.34

2	Simon Barrett	M70	Southern Counties Veterans AC	1:06.87
3	David Hinds	M70	Veterans AC	1:10.47
4	Chris Palmer	M70	Eastern Masters AC	1:14.41

### M75

Position	Name	Age	Team	Performance
1	Malcolm Weir	M75	Midland Masters AC	1:15.20
2	Albert Eland	M75	Northern Masters AC	1:23.05

### M80

Position	Name	Age	Team	Performance
1	Anthony Treacher	M80	South West Veterans AC	1:32.07
2	David Cowgill	M80	Northern Masters AC	1:58.23
3	Barrie Roberts	M80	Welsh Masters Athletics Limited	2:05.01

## T82 400m M65 - 2023-02-19

### M65

Position	Name	Age	Team	Performance
1	Ivars Licietis	M65	Midland Masters AC	1:07.93
2	Paul Wignall	M65	Veterans AC	1:08.25
3	Kevin Lowe	M65	Southern Counties Veterans AC	1:09.26
4	David Edelman	M65	Giffnock North AC	1:14.44
5	Ray Thomson	M65	Northern Masters AC	1:15.11

## T83 400m W60up - 2023-02-19

### W60

Position	Name	Age	Team	Performance
1	Virginia Mitchell	W60	Veterans AC	1:05.97
2	Christine Anthony	W60	Eastern Masters AC	1:14.36
3	Janice Nottingham	W60	Eastern Masters AC	1:18.99
4	Katherine Winrow	W60	Northern Masters AC	1:20.23
5	Angela Bryant	W60	Forest of Dean AC	1:28.36

### W65

Position	Name	Age	Team	Performance
1	Hilary West	W65	Northern Masters AC	1:23.99

### W80

Position	Name	Age	Team	Performance
1	Kathleen Stewart	W80	North East Masters AA	1:40.36

## T84 400m M60 - 2023-02-19

## M60

Position	Name	Age	Team	Performance
1	Richard White	M60	Midland Masters AC	59.48
2	Michael Vassiliou	M60	Veterans AC	59.97
3	Colin Edwards	M60	Northern Masters AC	1:01.18
4	Jed Turner	M60	Northern Masters AC	1:01.28
5	Stuart Lynn	M60	North East Masters AA	1:01.39
6	Peter Ilo	M60	Midland Masters AC	1:01.86
7	Colin Bates	M60	Southern Counties Veterans AC	1:02.16
8	Andrew Waddington	M60	Southern Counties Veterans AC	1:02.45
9	Russell Parkin	M60	Midland Masters AC	1:03.25
10	Kevin Pye	M60	Midland Masters AC	1:06.49
11	Malcolm Cowton	M60	South West Veterans AC	1:07.36
12	Carlton McDonald	M60	Midland Masters AC	1:07.48
13	Michael Downes	M60	Eastern Masters AC	1:08.25
14	David Shaw	M60	Worcester AC	1:08.99
15	Paul Yeoman	M60	Welsh Masters Athletics Limited	1:15.85

## F29 SP M65, M75 - 2023-02-19

### M65

Position	Name	Age	Team	Performance
1	John Fenton	M65	Southern Counties Veterans AC	11.68
2	Martyn Bollands	M65	Northern Masters AC	9.91
3	Lubomir Schon	M65	Notts AC	9.42
4	Graeme Packman	M65	Eastern Masters AC	9.33
5	Kurt Kaschke	M65	XXGER	8.61
6	Chris Pruski	M65	Welsh Masters Athletics Limited	7.56

### M75

Position	Name	Age	Team	Performance
1	Barry Hawke	M75	Midland Masters AC	10.22

## T85 400m W55 - 2023-02-19

### W55

Position	Name	Age	Team	Performance
1	Lisa Webb	W55	Veterans AC	1:13.82
2	Kate Scott	W55	Steel City Striders RC	1:15.96
3	Claire Ward	W55	Midland Masters AC	1:24.79

## T86 400m M55 - 2023-02-19

## M55

Position	Name	Age	Team	Performance
1	Chris Taplin	M55	Veterans AC	57.53
2	Wole Odele	M55	Southern Counties Veterans AC	58.94
3	Adrian Haines	M55	Southern Counties Veterans AC	59.47
4	Conrad Kennedy	M55	North East Masters AA	1:00.40
5	Richard Gayle	M55	Longwood Harriers AC	1:01.19
6	Leeroy Golding	M55	Northern Masters AC	1:01.29
7	Brett Davis	M55	Welsh Masters Athletics Limited	1:01.34
8	Graeme Gemmell	M55	Scottish Veteran Harriers Club	1:01.47
9	Craig Johnston	M55	Scottish Veteran Harriers Club	1:02.20
10	Rob MacDonald	M55	Northern Masters AC	1:02.40

## T87 400m W50 - 2023-02-19

### W50

Position	Name	Age	Team	Performance
1	Fiona Palmer	W50	Midland Masters AC	1:13.27
2	Kelly Roberts	W50	Southern Counties Veterans AC	1:16.83

## T88 400m M50 - 2023-02-19

### M50

Position	Name	Age	Team	Performance
1	Robert Bruce-Brand	M50	Northern Ireland Masters Athletic Association	56.65
2	Peter Benedickter	M50	Eastern Masters AC	58.18
3	Kelly Fairclough	M50	Midland Masters AC	58.98
4	Ian Firla	M50	Southern Counties Veterans AC	59.02
5	David Shortridge	M50	Southern Counties Veterans AC	59.12
6	Julian Smith	M50	Eastern Masters AC	59.17
7	Brent Brodie	M50	Scottish Veteran Harriers Club	1:01.31
8	Phil Robinson	M50	Northern Masters AC	1:03.78

## F31 HJ M65up - 2023-02-19

### M65

Position	Name	Age	Team	Performance
1	Clem Leon	M65	Southern Counties Veterans AC	1.30
2	Colin Harris	M65	Midland Masters AC	1.25

3	Trevor Wade	M65	Southern Counties Veterans AC	1.25
4	Lubomir Schon	M65	Notts AC	1.20
5	Martyn Bollands	M65	Northern Masters AC	1.15

### M70

Position	Name	Age	Team	Performance
1	Patrick Reynolds	M70	XXIRL	0.95

### M80

Position	Name	Age	Team	Performance
1	Ron Davies	M80	Southern Counties Veterans AC	1.05
2	Phil Rees	M80	Welsh Masters Athletics Limited	0.95
3	Mike Herring	M80	Midland Masters AC	0.95

## T89 400m W45 - 2023-02-19

### W45

Position	Name	Age	Team	Performance
1	Tracey Milward	W45	Northern Masters AC	1:02.75
2	Claire Smith	W45	Eastern Masters AC	1:03.34
3	Vici Browning	W45	Midland Masters AC	1:08.86
4	Lourdes Bradley	W45	North East Masters AA	1:09.22

## F30 LJ W40,W50 - 2023-02-19

### W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	5.02
2	Sally Gilding	W40	Eastern Masters AC	4.10

### W50

Position	Name	Age	Team	Performance
1	Anita Saunders	W50	Northern Masters AC	4.26
2	Sharon Dooley	W50	St Mary's Richmond AC	3.80

## T90 400m M45 - 2023-02-19

### M45

Position	Name	Age	Team	Performance
1	Adam Bellis	M45	Trafford AC	53.36
2	Richard Scott	M45	South West Veterans AC	56.09
3	Anibal Rodriguez Fuentes	M45	Veterans AC	59.06
4	Simon Oak	M45	Northern Masters AC	59.76

## T91 400m W40 - 2023-02-19

### W40

Position	Name	Age	Team	Performance
1	Claire Spurway	W40	Southern Counties Veterans AC	1:04.60
2	Jennifer Beattie	W40	Scottish Veteran Harriers Club	1:07.42

## T92 400m M40 - 2023-02-19

### M40

Position	Name	Age	Team	Performance
1	Peter Hall	M40	Midland Masters AC	54.45
2	David Brown	M40	Eastern Masters AC	54.92
3	Thomas Grantham	M40	Northern Masters AC	55.28
4	Oliver Pool	M40	Truro Running Club	56.23
5	Phil Gould	M40	Midland Masters AC	56.39
6	Nigel Gorvett	M40	North East Masters AA	56.88
7	Paul Beeson	M40	Midland Masters AC	57.86
8	Craig Christian	M40	Midland Masters AC	57.99
9	Amr Ziko	M40	Eastern Masters AC	59.55
10	Amir Nanpazi	M40	Northern Masters AC	1:03.81

## T93 400m W35 - 2023-02-19

### W35

Position	Name	Age	Team	Performance
1	Nisha Desai	W35	North East Masters AA	59.16
2	Katie Eckersley	W35	Northern Masters AC	1:00.49
3	Amanda Potter	W35	Northern Masters AC	1:02.65
4	Rachel Hicks	W35	Belgrave Harriers	1:07.35
5	Donna Aplin	W35	Midland Masters AC	1:14.60

## T94 400m M35 - 2023-02-19

### M35

Position	Name	Age	Team	Performance
1	David Mould	M35	Midland Masters AC	50.56
2	Lewis Robson	M35	North East Masters AA	51.37
3	Ian Horlock	M35	Woking AC	51.84
4	Dave Awde	M35	Southern Counties Veterans AC	52.27
5	Stefan Wilcockson	M35	Midland Masters AC	54.04
6	Michael Omakobia	M35	Southern Counties Veterans AC	56.34
7	Scott Brewer	M35	Veterans AC	1:02.46